

lal.
Lancashire
Adult Learning

Have you thought about volunteering as the first steps into employment or to Support your local community ?

Then take a look below at the FREE face to face training sessions we can offer to upskill volunteers across Lancashire. The training can be booked as single sessions or a full training programme can be developed.

Conflict Management
Mental Health Awareness
Effective Communication
Dementia Awareness
Empowerment through Art
Making a memory bag
GDPR
Safeguarding
Equality and Diversity
Customer Service
L1 Peer Mentoring
L1 in Volunteering
Confidence and Resilience
Building HealthyRelationships

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