

inspire

FREE TRAINING FOR LANCASHIRE PROFESSIONALS

Our Community Educators deliver high-quality, engaging training to help professionals working in Lancashire feel confident supporting people who may be struggling with drugs or alcohol. All sessions are evidence-based, accessible and designed with real-world practice in mind.

OPEN COURSES

We run regular online sessions throughout the year, open to individuals from any organisation. These can be booked directly through Eventbrite.

▶ [Visit our Eventbrite page](#)

▶ Choose your date and location

▶ Book your free place

OUR COURSES

ALCOHOL AWARENESS

Understand the signs, risks and impacts of alcohol use. Explore brief interventions, harm reduction, and how to open supportive conversations with confidence.

DRUG AWARENESS & EMERGING TRENDS

A practical overview of substances seen locally, including patterns, effects and risks. Learn how to recognise concerns early and offer appropriate support.

INTRO TO INSPIRE

A clear, engaging overview of who we are, what we offer, and how to refer into the service. Ideal for new partners, frontline teams, and anyone wanting to understand Inspire's approach and pathways.

NALOXONE AND OVERDOSE AWARENESS

Learn how to spot an overdose, respond safely, and use naloxone to save a life. Suitable for anyone working in frontline, clinical or community-facing roles.

IN-HOUSE TRAINING

If you have six or more staff, we can deliver any of our courses directly to your team – at a time and place that suits you.

We can deliver:

- In person at your workplace
- Online via Microsoft Teams
- Tailored content, shaped to your service needs or client group
- If you don't have space, we'll host you at an Inspire hub!

[Enquire here](#)

