



LANCASHIRE
YOUTH
CHALLENGE

2026
CREATE
CHALLENGE

RESTORE

Join LYC's RESTORE Creative & Outdoor Challenge programme 2026

A project for resettled young people, particularly from Afghanistan, Ukraine and Hong Kong, supporting them to find their voice, build confidence and create connections.

12 week fitness and creative well being programme

Every Tuesday starting 13th January 2026

5pm - 6.30pm

St Thomas's Centre, Marton Street,
Lancaster, LA1 1XX

ACTIVITY DAYS

CANOEING

DJING

MINDFUL HIKES

WELL BEING FARM DAYS

COMMUNITY EVENTS

MUSIC

CREATIVE ARTS

SIGN UP



Follow the QR code or contact: rachel.parsons@lancashireyouthchallenge.co.uk