

CCrAMHP presents

Critical and Creative Approaches to Mental Health Practice



**Tuesday 13th January 2026, 7-9pm
Olive Bar, Gregson Community and Arts Centre
Free event - All Welcome**

Poppy Shakespeare is a 2008 Channel 4 film about the mental health system by Clare Allan. It tells the story of day patients at a mental health hospital. The central characters are Poppy Shakespeare, a new patient, and "N", a long-term patient. Poppy arrives at the hospital strongly asserting that she is sane and demanding to be released from the programme. To gain legal aid she must first prove she is sick so that she can get "MAD money", a.k.a. state benefits. She is befriended by N, who helps her work the system.