MECC 1-Day Train the Trainer Chat to Change Course Application Form - 2025

Please email your completed application form to [workforcetraining@activelancashire.org.uk](mailto:workforcetraining@activelancashire.org.uk)

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| PARTICIPANT INFORMATION | | |
| Participant Name: | | |
| Job Title/Role: | | Team/Dept: |
| Organisation Name: | | |
| Work e-mail: | Mobile /Work Tel: | |
| Work Address: | | |
| Area(s) your role is based (Please highlight as applicable):Preston/ Chorley/Ribble Valley/South Ribble/ Blackburn w Darwen/Burnley/Hyndburn/Pendle/ Rossendale/Blackpool/Fylde/ Wyre/West Lancs /Lancaster/Morecambe/South Lakeland | | |
| Do you have any specific dietary requirements (Any restrictions /intolerances) etc If so, please advise | | |
| Do you require any reasonable adjustments for your learning? If so, please list below how we can support you | | |
| How did you hear about this course (e-mail/via Manager/Colleague/Bulletin/Newsletter)? | | |
| Manager’s Name: | | |
| Manager’s E-mail: | | |
| Please state briefly how you plan to deliver your x 6 MECC sessions (7 mins/1 hour/3 hour) over the next 12 months within your (service/organisation/community/ third sector). | | |
| COURSE INFORMATION/REQUIREMENTS | | |
| * Course Name: MECC Train The Trainer Chat to Change 1-Day Course – Face to Face * Arrival 09.15 , Start 09.30, Finish 4.30pm * Please check your training records to ensure you have not already attended this course previously. * Please ensure that you have permission to attend this course from your Line Manager/Training Dept, prior to submitting your application. * Once your 1 day TTT training is complete we require you to deliver a minimum of x 6 MECC sessions to embed the MECC approach within your own service or organisation, community or third-sector. This could be either a 7 minute brief intervention, a 1 hour or a 3 hour MECC session. These sessions can be delivered in a variety of ways such as at team meetings, one on one discussions with colleagues, group chat etc. | | |
| (Please highlight your chosen dates to attend a 1-Day Face to Face Train the Trainer MECC Course)  18th February 2025 – 09.30 – 4.30pm – Business Development Centre, Blackburn  27th February 2025 – 09.30 – 4.30pm – Blackpool Football Club, Blackpool  19th March 2025 – 09.30 – 4.30pm – Corpus Christi High School, Preston | | |
| GENERAL INFORMATION | | |
| These MECC courses are delivered free of charge to all participants who are registered via [workforcetraining@activelancashire.org.uk](mailto:workforcetraining@activelancashire.org.uk) and who work for a health/wellbeing related organisation within Lancs  & S Cumbria.  Leave / Holidays / Rotas / School Half Term: If you are intending to book leave, please ensure this dos not conflict with the Training Dates on your application form. If you work on a rota system please ensure you are granted approval to attend the course dates by a manager prior to registering on this course.  Late Arrival: If you arrive late for a session or you are absent from any session, we reserve the right to refuse access to the training session if we / trainer feels that you will gain insufficient knowledge or skills in the time remaining.  No Show: Candidates who do not turn up to the session / arrive too late to start the session / provide less than 2 days’ notice of cancellation may result in refused access to future training courses that are offered.  Where minimum numbers have not been met, we reserve the right to cancel/postpone courses where necessary. | | |
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