MECC (Make Every Contact Count) for Physical Activity - Application Form 2025

Please email your completed application form to [workforcetraining@activelancashire.org.uk](mailto:workforcetraining@activelancashire.org.uk)

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| PARTICIPANT INFORMATION | | |
| Participant Name: | | |
| Job Title/Role: | | Team/Dept: |
| Organisation Name: | | |
| Work e-mail: | Mobile /Work Tel: | |
| Work Address: | | |
| Area(s) your role is based (Please highlight as applicable):Preston/ Chorley/S Ribble Valley/Blackburn w Darwen/Burnley/Hyndburn/Pendle/ Rossendale/Blackpool/Fylde/ Wyre/West Lancs /Lancaster/Morecambe/South Lakeland. | | |
| Do you require any reasonable adjustments for your learning session? If so, please list below how we can support you | | |
| How did you hear about this course (e-mail/via Manager/Colleague/Bulletin/Newsletter)? | | |
| COURSE INFORMATION/REQUIREMENTS | | |
| * Course Name: MECC for Physical Activity 2.5 hour on-line session * Please ensure that you have permission to attend this course from your Line Manager/Training Dept, prior to submitting your application. | | |
| Please highlight your chosen date to attend the 2.5 hour on-line session. Both sessions are the same content   * Thursday 30th January 2025 (10.00 am-12:30 pm on-line) * Thursday 27th February 2025 (10.00 am-12:30 pm on-line) | | |
| GENERAL INFORMATION | | |
| These MECC courses are delivered free of charge to all participants who are registered via [workforcetraining@activelancashire.org.uk](mailto:workforcetraining@activelancashire.org.uk) and who work for a health/wellbeing related organisation within Lancs  & S Cumbria.  Leave / Holidays / Rotas / School Half Term: If you are intending to book leave, please ensure this dos not conflict with the Training Dates on your application form. If you work on a rota system please ensure you are granted approval to attend the course dates by a manager prior to registering on this course.  Late Arrival: If you arrive late for a session or you are absent from any session, we reserve the right to refuse access to the training session if we / trainer feels that you will gain insufficient knowledge or skills in the time remaining.  No Show: Candidates who do not turn up to the session / arrive too late to start the session / provide less than 2 days’ notice of cancellation may result in refused access to future training courses that are offered.  Where minimum numbers have not been met, we reserve the right to cancel/postpone courses where necessary. | | |
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