

## POSITIVE RELATIONSHIPS STRONGER FAMILIES

## JOIN US TO TALK ALL THING POSITIVE RELATIONSHIPS

Relationships are a journey filled with ups and downs, and disagreements are a natural part of it. We understand that managing these disagreements can be challenging and may impact how we parent our children.

Join us for our 4 week course that aims to empower you as parents to understand your conflicts and see how to resolve the issues yourselves with constructive and destructive communication.

## 2024

• A taste of Positive Relationships at CHATS, More Music 19/12/24 - 10:30-11:30am.

## 2025

- Poulton Family Hub 7/1/25 9:30-11am for 4 weeks.
- Carnforth Family Hub 10/1/25 9.30-11am for 4 weeks.
- Lune Park Family Hub 14/2/25 9.30-11am for 4 weeks.
- Heysham Health Centre 18/2/25 9.30-11am for 4 weeks.

