

NEW HORIZONS

A 12 weekly programme to kickstart your personal development and gain a Level 1 certificate plus a Level 2 in Mental Health First Aid

**Starting Thursday 13th February 2025
9:30-2:30pm**

Week one includes a FREE wellness session - massage, nails, beauty and more

Enjoy some time to yourself with light refreshments and gifts from us to you 

Connect with others, gain transferrable skills in a warm and welcoming space

Call 01524 581280 to book on

Come & join us, it's time to regain your confidence

**Westgate Neighbourhood centre
Langridge Way
Morecambe
LA44XF**