# Reach your goals with FREE Sported membership

Sported provide support to a network of over 2600 grassroot sport groups across the UK that use the power of sport and physical activity to transform the lives of young people in their community.

We help community organisations become more sustainable and resilient through a range of services that are free for all Sported members. Our network is filled with groups and group leaders just like you from all over the UK, plus key stakeholders in the sector.

Providing you with the tools and knowledge to reach your goals, whether you need help with a funding application, top tips on how to use social media, or advice around your legal structure, we can help make sure that you can continue to help the young people in your community for the long term, all for free.

Sported can help with vital areas including:

- Business planning
- •Governance and legal structure
- Marketing and PR
- •Funding applications and income generation
- Strategic and action planning
- Financial procedures
- •Evaluating and measuring your impact

If you're working with young people (aged 11+) and use sport or physical activities to improve the lives of young people, you could be eligible to become a Sported member.

To join or find out more visit our <u>website</u> or contact North West Regional Manager Mark at m.bingley@sported.org.uk to discuss further.

# **Hear from our members** We would not be as far as we are had it not been for the help from Sported. Sported are an invaluable resource that i cannot recommend enough. - The Parr Sports and Community Centre If it wasn't for the fantastic support from Sported our club would no longer be in existence. - Abraham Moss Warriors Junior FC Being matched with a mentor through Sported has helped the organisation develop key strategy and a business plan. The organisation now has a professional business plan and cashflow which has been key to the development of the charity. - Families Against Violence @SportedUK @Sported\_UK

@Sported

# **FREE Sported membership includes**

#### SUPPORT FROM SPORTED STAFF

Our members have access to support at all times from the Sported team, we're only an email or phone call away!

With a Sported team member who covers your area, they have a wealth of local knowledge for you to tap into. You'll also be able to contact our Member Services team for any additional questions.

# **VOLUNTEER 1:1 SUPPORT**

Get one to one support from our team of highly skilled volunteers if you need help in a specific area.

From a short assessment or check in to see which areas to improve on, quick short term support over a few sessions, or a 3–6 month mentor to help with long term strategic planning, our volunteers are a wealth of all knowledge.

#### **PROJECTS AND PROGRAMMES**

We run a number of funded projects that, if relevant, groups can be a part of.

Current projects include Project 21 tackling inequality and promoting inclusion for young disabled people in Dundee. You can find about past and present projects <u>here</u>.

#### WEBINARS AND NETWORKING

We host a range of free online webinars, funding information sessions and training that cover a wide range of topics, from Youth Mental Health First Aid Awareness to looking at generating income from different sources.

Our networking sessions are also popular for Sported members to share experiences and resources with peers.

## **LEADERSHIP COACHING**

Group leaders can work with volunteers who have experience of coaching leaders nationally and internationally to develop their own personal skills, qualities and capabilities.

Areas could include time management, delegating roles, managing difficult conversations, assertiveness, achieving greater work-life balance and more.

## 94%

of groups have been awarded grant funding, alongside other outcomes (since working with a volunteer for fundraising support).

#### FREE LEARNING RESOURCES

Our dedicated online member area is filled with resources including how-to-guides, templates, short videos and recordings of our webinars.

We'll also signpost to useful resources and training from other organisations in our monthly e-newsletter and members Facebook group.

## SUPPORT FROM SPORTED STAFF

Looking to raise more money? Find out about new funds and information in our monthly funding bulletin or request bespoke reports to find the right funding opportunities for you.

Our volunteers can also take a look at your current financial procedures and processes, or review draft funding applications.

89%

of respondents in a recent member survey said that they 'agreed' that the support that Sported had given them had increased their confidence around their continued existence.