







The LMF Family Festival has been made possible by support from the Lancashire Culture & Sport Fund, Crowdfund Lancashire and Lancaster University and sponsorship from Westmorland Homecare.

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FAMILY FESTIVAL

SATURDAY 12th / SUNDAY 13th OCTOBER

Workshops, Performances, Talks, Cinema







THE GREGSON

SATURDAY 12 OCTOBER

10:00 -10:45 | **Clapping Song** | 1-5 yrs | **Book**

11:30 -12:15 | Clapping Song | 1-5 yrs | Book

Songs, games, music and movement for under 5s and their grown ups. Expect to sing both new and familiar songs, including name songs, nursery rhymes, finger rhymes and action songs.

14:30 –16:00 | **Kids Secret Film Screening** | 1-5 yrs | Turn up Secret film screenings which in true music fest fashion are guaranteed to get your feet tapping and you singing along.

18:00—18:30 | **Palmas Clapping Workshop** | Al ages | Turn up Explore the art of flamenco palmas, the beautiful rhythmic clapping that is inherent to flamenco. No experience necessary. Suitable for all ages.

SUNDAY 13 OCTOBER

14:30 -16:30 | Family Secret Film Screening | 1-5 yrs | Turn up

17:00 -18:00 | Family Music Quiz | All ages | Drop-in

A special LMF edition of the Gregson's monthly Family Quiz. All abilities and ages are welcome!





\bigcap Audience Band with Song sung ir Someone singing a foreign "Hello more than 10 wearing an along language ancaster! musicians LMF T-Shirt Band you've The Official Face paint not heard Dancers "1,2...1,2" LMF Photo before grapher ΔII-female Massive Selfie in band (3 or "1.2.3.4" Wagons Silly hat front of an more in the band) I MF banne Someone 'We're going You play an Ear Song with n to take a carrying an instrumen¹ defenders words short break instrument case Child sat on Song with "Thank you Musician Someone someone's Love" in the Lancaster' playing in a wearing an choulders LMF badge

LANCASTER CASTLE

SUNDAY 13 OCTOBER

13:00 -13:30 | **Kizomba & Semba** | All ages | Turn up

13:45 -14:15 | **Kizomba & Semba** | All ages | Turn up

Come and join this salsa-style dancing session in Lancaster Castle courtyard. Beginners welcome, no partners needed. For all ages.

13:30 -14:15 | Samba Reggae Workshop | 7-adult | Book

Come and learn a short and simple choreography straight from the streets of Salvador, Brazil. Swing with Samba Reggae and then, if you wish, join Batala to dance to live drumming during their performance!

14:30 - 15:00 | **Batala** | All ages | Turn up Celebrate Batala Lancaster's 20th birthday and join in the party in the Castle courtyard. Around 100 drummers are expected from around the country and as far afield as Mexico. In this session they invite everyone to get up and dance.





LANCASTER LIBRARY

SUNDAY 13 OCTOBER

11:15 -16:45 | BBC CBeebies Musical Storyland | 3-7 | SOLD OUT

A live performance of CBeebies Musical Storyland episode THE GREAT RACE featuring musicians from BBC Philharmonic Orchestra.



Below are some of the instruments you can see at LMF. How many can you spot? Tick them off as you see them then head to the LMF stand in **Dalton Square** when you've got all 15. The first 15 people with photo evidence will win a limited edition LMF badge!



LMF BINGO: How many can you find or hear? Score **a point for each** and **5 bonus points** for each **horizontal**, **vertical** or **diagonal line** you complete. Can you beat your friends? Take a photo for proof! **#LMF2024**

SATURDAY 12 OCTOBER

DALTON SQUARE

14:00 –21:00 | **Promethean Circus** | All ages | Drop-in Watch the experts at play and try your hand at juggling, diabolo and stick spinning.

OUTDOOR VENUES

14:15 -14:30 | Tuneless Choir | All ages | Turn up

Can you sing? If yes, move on! We're looking for talentless, tuneless 'singers' for our tuneless choir to murder some classic tunes. No experience essential.

16:30 - 17:15 | **Rimski, Handkerchief & The Rush** | All ages | Turn up A live version of Kate Bush's iconic tune Wuthering Heights with dance moves. Turn up, join in. We have red clothes or wear yours. No experience needed.

MARKET SOUARE

14:00 –17:00 | **Family-friendly performances** | All ages | Turn up Shows from **Samba Espiritu**, **Rimski & Handkerchief**, **Baybeat Streetband** and others. Who knows, you may be able to pick up some i-Spy points!

SUNDAY 13 OCTOBER

MARKET SOUARE

11:15 - 12:00 | **Kazoonatics** | 7-adult | Turn up

Turn up and be part of Lancaster's only kazoo orchestra. Learn some tunes then play them to an adoring audience.

CITY CENTRE

13:00 - 14:15 | **Sound Trail** | 7-adult | **Book** 15:00 - 16:15 | **Sound Trail** | 7-adult | **Book**

Join local musician and sound therapist Fredrik Holm on a guided tour around Lancaster city centre in search of sound. A new way to explore Lancaster starting and finishing at **The Storey Reception**.



DALTON SOUARE

15:00 - 15:45 | Rimski, Handkerchief & The Rush | All ages | Turn up

A live version of Kate Bush's iconic tune Wuthering Heights with dance moves. Turn up, join in. We have red clothes or wear yours. No experience needed.





All events are FREE apart from CBeebies (which is sold out!)

TURN UP = Turn up for the start time and stay for the full session

DROP-IN = Come and go anytime during the session

BOOK = Booking in advance recommended via the LMF website:

lancastermusicfestival.com/book

All events and times were correct at the time of printing and are subject to change. Check the website for up-to-date details.

DALLAS ROAD PRIMARY SCHOOL

THE STOREY

Now in its 3rd year hosting LMF's Primary School Stage, this year Dallas Road playground will form one of our Family Zones, hosting Lancashire Music Service's Music Bus, More Music's Gamelan for early years children and the Primary School Stage along with food stalls and

SATURDAY 12 OCTOBER

PLAYGROUND GAMELAN

12:00 - 17:00 | **Walking Down The Street** | 0-5 yrs | Drop-in



A beautiful-sounding collection of recycled instruments suspended from a variety of structures and shapes drums, guitars, chimes and marimbas are paired with computer keyboards, flasks, draining racks and colanders.

THE MUSIC BUS

12:00 - 12:30 | Wheels on the Bus | 0-5 yrs | Book Autumn-themed songs and musical activities for babies and children.

12:30 - 13:00 | **Early Years Free Flow** | 0-5 yrs | Drop-in Enjoy a range of musical instruments and sounds.

13:00 - 13:30 | Musical Petting Zoo | 3-7 yrs | Book

13:30 - 14:00 | Musical Petting Zoo | 7-11 yrs | Book

Come and have a go on a variety of guirky instruments, some of which you may not have seen before. pBuzz anyone? Each instrument will be introduced, played and then you can have a go!

14:45 - 15:15 | Body Percussion Workshop | 7-11 yrs | Book 15:15 - 15:45 | Body Percussion Workshop | 7-11 yrs | Book



Build up rhythms and different sound textures using only your bodies clapping, clicking, stamping, whatever you can think of just no instruments or voices!

16:00 - 16:30 | **Twinkly Time** | 0-5 yrs | **Book** 16:30 - 17:00 | **Twinkly Time** | 0-5 yrs | **Book**

A quieter, slower, calmer low-light session of songs and music play.







SATURDAY 12 OCTOBER (cont)

PRIMARY SCHOOL STAGE

An opportunity for primary school-aged kids to take part and perform at LMF. Contact your school to see if they are involved or just come along to witness the LMF stars of the future!

12:00 - 12:30 | Kids Lip Sync | 5-11 yrs | Pre-register at school 13:50 - 14:20 | **Kids Lip Sync** | 5-11 yrs | Pre-register at school Be your own favourite star.

12:40 - 13:40 | **Schools Showcase** | 5-11 yrs | Pre-register Up and coming musical talent from Lancaster's primary schools.

15:30 - 16:30 | Gabriella T & Jasmine T | Free Local singing stars of The Voice Kids perform soul, RnB, pop, rap and more.

16:40 - 17:00 | **Primary Big Sing** | 5-11 yrs | Pre-register Multi-school choir performance.



LANCASTER PRIORY

SATURDAY 12 OCTOBER

13:00 -14:15 | Organ Build Workshop | 7-adult | Book 15:00 -16:15 | Organ Build Workshop | 7-adult | Book

A fantastic opportunity to learn how a church organ such as that in Lancaster Priory actually works. Working together with others you will assemble a real working organ, constructing the frame, sorting pipes, sorting keys before all the parts come together in the frame... ready to play! Participants will learn about sound generation, music and acoustics as well as mathematics, design and engineering.



Organ build workshops are delivered in partnership with Lancaster Priory using funding from the **Duchy of Lancaster Benevolent Fund**.





SATURDAY 12 OCTOBER

WRITING ROOM (LUDUS - Ground floor)

10:45 - 11:30 | Chinese drumming workshop | All ages 5+ | Book 11:45 - 12:30 | Chinese drumming workshop | All ages 5+ | Book

Learn the basic rhythms of Chinese music using drums and other Chinese instruments and then accompany a parade with a Chinese dragon. Children must be accompanied and supervised by adults.



AUDITORIUM (Ground floor)

11:00 - 12:00 | Beatbox Workshop | 7-adult | Book

Learn how to make music and sound effects using just your voice and imagination in this fun session with LMF favourites Uptown Monotones. Learn basic tones and breathing techniques, create your own beats, work together on a beatbox arrangement and acquire rhythmic skills in a playful way.

FAMILY ZONE (First floor)

The sessions in the Storey Family Zone will take place in the upstairs Gallery and its neighbouring rooms. They are free and no advance booking is required though you will need to register in the Gallery for the Virtual Reality (VR) experiences. Access from the Storey Gardens or main entrance and stairs/lift.

13:00 - 16:00 | **Music Makers** | 0-4 yrs | Drop-in

Crafty funky junky instruments and puppets for under 4s and their grown ups. Join in with some musical activities using creations made from things found around the home. Come and join the creative cacophony!

13:00 - 16:00 | Music-related arts & crafts | 7-11 yrs | Drop-in Music-related arts and crafts. Make and play unusual instruments including out

of fruit! And discover Ebru, the ancient Turkish technique of marbling. Plus other craft activities.

13:00 - 16:00 | LU Babylab | All ages | Drop-in

How do babies learn to understand the world around them and master language? Lancaster University's Babylab is working to answer these questions. Find out more and how you can help.

13:00 - 16:00 | **Chinese crafts** | 3-7 yrs | Drop-in

Make animal masks inspired by the CBBeebies Musical Storyland Great Race

13:00 - 16:00 | Music from Bump to Two | pre-natal to 2 yrs | Drop-in An interactive early years music session designed for parents and children to explore the powerful role of sound and music in your child's development. You'll leave with practical tips and creative ideas.







SATURDAY 12 OCTOBER

FAMILY ZONE (First floor) (cont)

13:00 - 16:00 | **VR Jukebox in the Womb** | 7-adult | Drop-in What does a baby hear in the womb? Come and find out with JUKEBOX IN THE WOMB, a fantastic VR experience featuring music from local musicians and festival favourites

14:30 - 16:00 | **VR Music and Deafness** | 7-adult | Drop-in

Ever wondered what it's like to be deaf? Experience it in virtual reality! You'll be able to hear how mild to profound hearing loss affects music, as well as what music sounds like with a cochlear implant.

SUNDAY 13 OCTOBER

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13:00 - 16:00 | VR The Imagination Cave | 7-adult | Drop-in

What thoughts and images come to mind when you hear music? How does music inspire creativity? Visit the Imagination Cave to find out. Choose music and use your imagination to empower AI to create personalised digital artworks based on your creative associations.

13:45 - 14:30 | Gordon and the Flying Piano | 5-9 yrs | Book 15:00 - 15:45 | Gordon and the Flying Piano | 5-9 yrs | Book

Why is it raining eggs? Can a piano really fly? And who is the Cow Lady? Find out in this interactive music show with the book's author to unravel these mysteries and more, complete with hedgehog quiz!

LECTURE THEATRE (Ground floor)

13:30 - 14:30 | The Psychology of Music | TALK | 11-adult | Turn up Why do we respond to music in the way we do? Why do we like some types of music but not others? And why does music exist at all? These and other musical mysteries are unlocked by Professor of Auditory Neuroscience at Lancaster University Chris Plack.









campus in the city has been produced in partnership with Lancaster University