

INFORMATION SHEET



Study Title: Cinema, Memory Work and Well-being in Older People

1. What is the study about?

The aim of this feasibility study is to understand to what degree can cinema memories act as stimuli for memory recall in older people and people living with dementia and if memories evoked by a cinema experience (including the film itself) are more specific and detailed than those evoked using normal everyday cues. We also want to examine whether any changes in the level of detailed memories is related to improvement in people's wellbeing. In order to do this, we will be screening a film, *The Graduate* (1967), at the Dukes Cinema in Lancaster at 11am on 20th May, 2024, and assessing memory responses and wellbeing before and after the screening.

2. Why have I been chosen to take part?

You have been chosen to take part because you are aged over 65 (with or without a diagnosis of dementia) and expressed an interest in attending the film screening.

3. Do I have to take part?

No, participation in this research is completely voluntary. You are free to withdraw at any time when completing the study without having to give a reason. This doesn't affect access to the cinema screening. You may also agree to take part, but then chose not to answer certain questions.

4. What does the study involve?

The study involves completing a brief questionnaire about your wellbeing and an autobiographical memory specificity task in which you will be given cue words and asked to recall specific memories that you relate to that word. These tasks will be completed on two occasions, before and after attending the film screening at the Dukes Cinema in Lancaster on 20th May, 2024.

The pre-film screening sessions will last between 30min to 45mins and the researcher will come to your home to administer the tasks a week prior to the film screening. Following this you will attend the film screening on the 20th May, 2024, at The Dukes Cinema in Lancaster. The film that will be screened is *The Graduate* (1967). Refreshments will be provided before and after the film screening with the film screening lasting 1 hour and 35 minutes. Following the film screening you will once again complete the wellbeing questionnaire and memory tasks with a member of the research team. In addition, you will have the option to take part in a focus group with 5-7 people lasting around 10-15 minutes discussing your experiences of the film screening and memories that were evoked.

If in cases where the post film screening tasks can not take place immediately after the film screening we will arrange a home visit to complete these within the week following the film screening. For people living with dementia we encourage that these tasks take place after the film screening where this is possible.

5. Will the information I provide be kept confidential and how will my data be stored?

Yes. Everything that people tell us will be kept in strict confidence, except in extreme circumstances where we feel that someone is at risk of serious harm. In this case, the researcher will have a duty to pass this information onto appropriate services. All information obtained from the study will be stored securely on the University approved secure cloud storage, accessed via password protected computers.

If you decide to take part in the study, the typed version of your focus group and memory task transcript will be made anonymous by removing any identifying information including your name and coded by the research team. Anonymised direct quotations from the focus group may be used in the reports or publications from the study, so your name will not be attached to them. All reasonable steps will be taken to protect the anonymity of the participants involved in this project. All your personal data will be confidential and will be kept separately from your task responses.

6. What are the benefits of taking part in the study?

There are no direct benefits for you, but by telling us about your experiences we can look at the effect cinema experiences and film screenings have on people with dementia and older adults' ability to recall specific memories and their wellbeing. We hope this information will help us to understand the impact and highlight the potential benefits of these activities.

7. Are there any disadvantages to taking part?

It is rare, but you may experience some of the questions to be upsetting or find that the memory task elicits some negative memories. For example, some people may find it difficult to talk about some aspects of their well-being that may not be as good as they previously were. However, you do not have to answer any question if you do not want to or provide a reason for not wanting to answer particular questions.

8. What will happen to the results of the study?

We intend to publish the results from this study in a scientific journal. The data you provided may also be provided to the journal and uploaded to a publicly accessible online repository for use by other researchers. The data will be completely anonymised (with a random participant ID) and you will not be identifiable in any publication or data file. If you are interested in the results of the study, please let us know and we will share the results of the study with you when we publish it.

9. What will happen if I want to stop taking part?

You are under no obligation to take part in this study; it is completely your choice. If you decide to take part, you are free to withdraw at any time during participation and without giving any reason or explanation. You are also free to withdraw your data from the study for up to 3 weeks following participation, after this time we will be unable to withdraw your data from the study.

10. Who has reviewed the project?

This study has been reviewed and approved by the Faculty of Health and Medicine Research Ethics Committee at Lancaster University.

11. What do I do next?

If you have expressed an interest in taking part when you signed up to attend the film screening, a researcher will be in contact with you to arrange a suitable date and time to visit you.

12. Who can I contact if I have further questions?

If you have any questions about the study, please contact one of the research team:

Megan Polden:

m.polden@lancaster.ac.uk
Telephone: 07552645080

Annie Nissen:

a.nissen@lancaster.ac.uk
07515152036

13. Complaints

If you wish to make a complaint or raise concerns about any aspect of this study and do not want to speak to the researcher, you can contact who is external to the research project:

Dr Laura Machin Tel: +44 (0)1524 594973
Chair of FHM REC Email: l.machin@lancaster.ac.uk
Faculty of Health and Medicine
Lancaster University
Lancaster
LA1 4YG

14. Support services

The Silver Line:

Telephone (24hours a day): 0800 4 70 80 90
e-mail (response time: 24 hours): info@thesilverline.org.uk
<https://www.thesilverline.org.uk/>

Dementia Action Alliance:

https://www.dementiaaction.org.uk/local_alliances/3012_liverpool_dementia_action_alliance