



**Rotary**  
Carnforth



## Let's Talk Mental Wellbeing



Carnforth Rotary invite you to our  
**Mental Health and Wellbeing Conference**  
Friday 19<sup>th</sup> April - 10am to 1:30pm then time for networking  
Crag Bank Village Hall, Jesson Way, Carnforth, LA5 9EG

A welcome by Carnforth Rotary President  
PDG, Arthur Jones followed by short presentations and  
time for questions.  
Speakers from The NHS Mental Health Trust and  
The Well Communities (Morecambe) – 'A lived experience'  
Concluding remarks

Enjoy some refreshments and the opportunity to network