

Socialease

We provide a safe place to
get out from the 4 walls;

to relax, just sit with a
brew, interact, use the
resources, chat - it's
your choice.

*I like coming to Socialease
because if I didn't I wouldn't
go out - no pressure to speak,
relaxed atmosphere.*

*The people are friendly, people
find it easy to talk even if
they are shy.*



safe

**SUPPORTIVE | APPROACHABLE
FRIENDLY | ENVIRONMENT**

For people going through
life challenges

Socialease

if you feel isolated

if socialising is hard

if you are depressed or anxious

if you struggle to go out

TABLE CARDS
Display your green card if you're happy to chat, your
yellow card if you'd like to relax undisturbed

Tuesday

MORECAMBE
BREW ME SUNSHINE

Wednesday

LANCASTER CORNERSTONES



Socialease



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Supportive Approachable Friendly Environment (SAFE) is a registered charity, number: 1203674