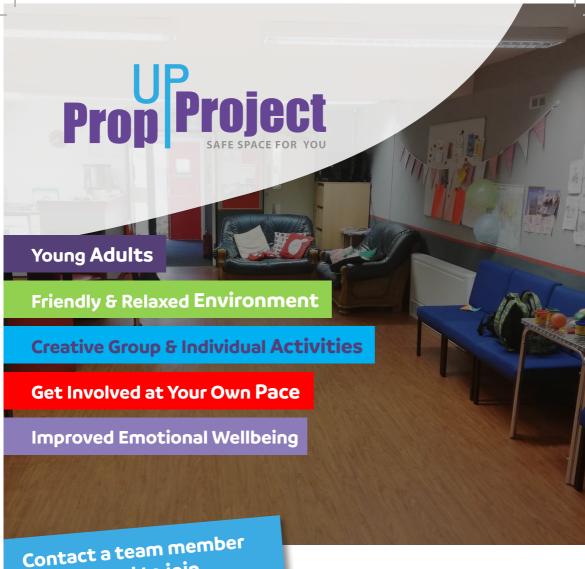


Small creative group activities for young adults.

Before the project, I found it difficult to talk to others my age. The Prop Up Project has acted as a stepping stone to improving my confidence, feeling comfortable with people my age.



For people going through life challenges



for a referral to join

Last Monday of the Month MORECAMBE CHURCH OF ASCENSION









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