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| cid:image001.png@01D9C55E.E425A3D0**Active Lancs & Lancs & South Cumbria ICB**  |
| 2-Day Health Coaching TRAINING Application – Face to FACE |
| **Our 2 day Core Skills in Health Coaching course is designed to support colleagues/practitioners from all health, care, community and voluntary sectors to learn how to use health coaching effectively in their current roles.The focus of the course is on supporting colleagues/practitioners to develop the knowledge, skills and confidence needed to integrate health coaching into their current roles to support Personalised Care.****The course provides the opportunity to develop a broad understanding of the principles of health coaching and behaviour change, while providing a practical set of tools that they can apply immediately in their work.****The course is generally structured as 2 separate day-long workshops, delivered a week or two apart to allow participants time to practice their skills.**  |
| **Course Dates:**  |
| PARTICIPANT INFORMATION: |
| **Name:** **Job Title/Role:****Organisation Name:** **Team/Dept:** **Which Locality is your role based (Please delete as applicable)**

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| **Lancs East** | **Lancs Central & West** | **Blackburn w Darwen** | **Lancashire North** | **Blackpool** | **South Cumbria**  |

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| **Home Address:**  |
| **Work E-mail:** |   |
| **Do you require any reasonable adjustments for your learning? If so, please list below how we can support you:** |
| **Do you have any dietary requirements? If so, please list below:****How did you hear about this course?****Would you be interested in learning about other Personalised Care courses in the future?** |
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| **Leave / Holidays / Rotas / School Half Term:** IF YOU ARE INTENDING TO BOOK ANY LEAVE, PLEASE ENSURE THIS DOES NOT CONFLICT WITH THE TRAINING DATES OF THIS COURSE. IF YOU WORK ON A ROTA, PLEASE ENSURE YOU ARE GRANTED APPROVAL BY YOUR LINE MANAGER PRIOR TO REGISTERING ON THE COURSE. AS WE HAVE LIMITED PLACES AVAILABLE,IT IS UNFAIR TO OTHER COLLEAGUES WHO ARE LOOKING TO ATTEND THIS COURSE, IF YOU THEN CANCEL AT THE LAST MINUTE.  |
| Late Arrival: If a delegate arrives late for a session or is absent from any session, we/TPC reserve the right to refuse access to the training session if we/TPC feel they will gain insufficient knowledge or skills in the time remaining.  |
| No Show: Candidates who do not turn up to the session / arrive too late to start the session / provide less than the required 14 working day notice of cancellation may result in refused access to future training courses that are offered.  |
| Cancellations: Should you need to cancel your booking at any time up to the 14 days before the date of the first session that you have selected to attend, please advise us asap, so that we may be able to fill your place with another participant. |
| ONCE YOU HAVE COMPLETED YOUR APPLICATION FORM, PLEASE SEND IT TO: workforcetraining@activelancashire.org.ukA CONFIRMATION E-MAIL WILL THEN BE SENT TO YOU TO CONFIRM YOUR PLACE ON THE COURSE.ONCE ALL PARTICIPANTS HAVE BEEN REGISTERED, A FOLLOW-UP E-MAIL WILL BE SENT TO ALL CONFIRMING VENUE + TRAINING MATERIALS ETC.  |
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