

# Do you have experience of community wellbeing activities?



## What is our project?

Phoenix Takes Flight (PTF) project aims to find solutions that will reduce health inequalities in Northwest England by using the experience of people who receive and deliver community wellbeing activities.

## How will it work?

We are interested in talking to you about your experience of community wellbeing activities. This may include questions about how you accessed it, what went well, and what did not go well in the process.

This may be a one-to-one conversation (interview) lasting for an hour, or a small group conversation (focus group) lasting 2-3 hours.

There will also be further opportunities to take part in workshops and larger group discussions later on.

## You can take part if you:

- Are over the age of 18
- Can provide written and informed consent
- Have applied to, been referred to, have taken part in, or work with community wellbeing activities - for example Phoenix Rising

## What will you receive for participating?

We appreciate that your time is valuable, so are offering vouchers or direct payment if you participate. If you are required to take part in-person, we can also help to pay for travel costs.

- One-on-one conversation (Interview):
  - £25 payment
  - Can be online or in-person
- Group conversation (focus group):
  - £75 payment
  - In-person only

## TO GET INVOLVED OR FIND OUT MORE, CONTACT US:

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## OR SCAN THE QR CODE:

