

Are you 15–24 and out of work?

**If you're not in education,
employment or training,
we can help.**

It can feel stressful, confusing and overwhelming trying to get a job or continue your education. Sometimes you just don't know where to start. Based on your individual needs, we can help you:

- **gain new skills to boost your confidence, and find your direction**
- **tackle barriers such as finances, helping you to save money or get access to benefits**
- **find specialist help for any wellbeing or mental health issues**
- **write a CV and help you search and apply for jobs or training courses**
- **prepare for interviews, even making sure you have suitable clothing and shoes, so that you make a great impression.**



Invest in Youth
Building Better Opportunities

The Building Better Opportunities (BBO) programme offers free one-to-one support to help people gain confidence and overcome barriers to employment, education and training.



For free one-to-one support in Lancashire
Email: BBO@placesforpeople.co.uk
Call/text: 07917 464 791