

<b>Post Title</b>	Cognitive Behavioural Therapist
<b>Location</b>	Across Lancaster District including Morecambe and Rural areas
<b>Employment Type</b>	Part-Time
<b>Salary</b>	£25,665 (Trainee) to £31,886(qualified) (Pro-rata)
<b>Hours of Work</b>	11.25to 15 hours per week (depending on pay) – flexible times to meet the needs of young people
<b>Reporting To</b>	Operations Director/manager
<b>Overview of A.C.E.</b>	Achieve Change and Engagement (A.C.E.) is a charity that works with people, especially young people to support them to improve their emotional health and wellbeing and build resilience. It does this by offering individual and sometimes group work interventions, including work with the family if it is to the benefit of the young person. Ace is a trauma informed service.
<b>Job Role</b>	<p>The successful candidate will work beyond the scope of the current early intervention, prevention practitioners. He/she will work alongside the trauma workers, responding to more complex cases where clients have symptoms that are known to respond well CBT type therapy.</p> <p>We are looking for a trained, committed and motivated person to join our team to work with 11 to 18 year olds, to support them to improve their emotional/mental health and build resilience through individual work. The post holder will also work with our existing staff and volunteers to support and build their skills in this area of work.</p> <p>This is initially a 12 month post. The continuation of this post will be subject to ongoing funding.</p>
<b>Job Purpose</b>	<p>The post holder will work with young people who are experiencing symptoms known to respond well to CBT. using a person centred and goal setting approach to help them reduce and manage symptoms that are negatively affecting their lives.</p> <p>The post holder will work closely with the team, accepting referrals from them and referring to a lower level or different therapy within or outside of ACE</p>
<b>Main Duties</b>	<ul style="list-style-type: none"> <li>• The provision of cognitive behavioural psychological therapy to service users, aged 10 to 18, experiencing Depression, Anxiety and other mental health problems known to respond well to cognitive behavioural therapy.</li> <li>• To assess the needs of the client and plan an appropriate intervention, or refer as identified to meet needs.</li> <li>• To support other staff to develop CBT based approaches.</li> <li>• To maintain professional standards, codes of conduct and good clinical practice.</li> <li>• To work to promote the service.</li> </ul>

	<ul style="list-style-type: none"> <li>• To create and maintain good relationships with partner organizations including voluntary, non-statutory and private sector organisations.</li> <li>• To advise service management about psychological approaches and needs for service users.</li> <li>• Effective liaison with family and other agencies involved with your clients.</li> <li>• To maintain the highest standards of clinical record keeping including electronic data entry and recording, report writing and the responsible exercise of professional self-governance.</li> <li>• To work within the Code of Ethics and policies of A.C.E.</li> <li>• To be responsible for safeguarding the welfare of young people.</li> </ul>
<b>Training and Supervision</b>	<ul style="list-style-type: none"> <li>• Attend and fulfil all the required training and identified personal development training.</li> <li>• Attend supervision and clinical case supervision.</li> <li>• Attend team meetings.</li> </ul>
<b>Applications</b>	<p>To apply for this post please send a letter of application that addresses the person specification criteria and a brief CV with the name, addresses, e-mail addresses of two referees by post to: Achieve Change and Engagement,</p> <p>18 Sun Street Lancaster LA1 1EW:</p> <p>Or email <a href="mailto:admin@a-c-e.org.uk">admin@a-c-e.org.uk</a></p> <p>Application deadline: Friday 4<sup>th</sup> February.</p> <p>Interviews will be on Tuesday the 8<sup>th</sup> of February.</p>