

The Urgent Response Fund – Coronavirus Impact Report for March 2020 until February 2021

Introduction

In March 2020 we knew that Coronavirus (COVID-19) would have a significant impact on the voluntary, community, faith and social enterprise (VCFSE) sector across the Lancaster district. For nearly 50 years, supporting the sector and our communities has been a core feature of our organisation, and one which our team care deeply about. Recognising that the COVID-19 pandemic is at its core a human tragedy, we wanted to do more by working with our communities, the VCFSE sector and our partners to deliver help where it is most needed.

This report describes how the Lancaster District Urgent Response Fund provided funds at speed in response to the COVID-19 pandemic and made a positive impact on the sector and in our communities. Our numbers - in terms of people helped, grants awarded, and support given - we hope will speak for themselves. But we would add a measure of caution when looking at this as an indicator of how we have helped, because numbers are not in themselves enough to truly measure the impact on people's lives.

While I hope you agree that it is reassuring to know our work is helping so many, we also know that there is so much that needs to be done. We plan to continue to gather evidence, have conversations with communities, VCFSE organisations and our partners, and create campaigns to ensure that we continue to respond to evergrowing needs, and reimagine a better future for everyone. A future that offers people the help they need, when they need it, eventually removing the need for charities like ours.

I would like to use this opportunity to thank all our partners, funders, the VCFSE leaders who answered the survey and every generous organisation and member of the public who helped our communities respond to the pandemic.

Yak Patel

Chief Officer, Lancaster District Community & Voluntary Solutions

About the Urgent Response Fund

The Urgent Response Fund - Coronavirus is a small grants fund for charities and community groups in need of resources to effectively deliver projects and activities which support the basic health and wellbeing needs of vulnerable* members of the community in response to the COVID-19 pandemic.

Lancaster District Community & Voluntary Solutions (LDCVS), working in partnership with NHS Morecambe Bay Clinical Commissioning Group, Francis C Scott Charitable Trust, Eric Wright Charitable Trust, NFU Mutual, West End Morecambe, Westminster Foundation and Lancaster City Council launched the fund on Friday 20th March 2020 with a public appeal. After just two weeks over £25,000 had been raised and the application process opened, ensuring organisations received funds as quickly as possible.

By the end of February 2021, 45 projects had been funded, with awards totalling over £42,000.

Large and small donors have contributed to the fund throughout the year, enabling continuous availability of grants and ensuring that applicants can

continue to respond appropriately as the needs of their beneficiaries change.

From March 2021, The Urgent Response Fund now considers applications that support vulnerable people and communities to re-engage with activities and services and adapt to the gradual lifting of the COVID-19 lockdown.



A running total of public donations to the fund, generously given by the people of Lancaster, can be found online at www.totalgiving.co.uk/appeal/coronavirus

^{*} For this scheme, our definition of 'vulnerable person' will be used in all decision making: 'An individual who is not able to respond and adapt to the impacts of the pandemic like the majority of people, due to their health, social circumstances or economic position'.

Supporters

With the help of large and small organisations and individuals, we have been able to successfully fund projects across the Lancaster district.

Between March 2020 and February 2021, the Urgent Response Fund raised £15,120 online from the general public through our Total Giving page from 285 donors, and £65,000 offline including significant contributions from businesses, trusts and foundations.

Thanks to the continuing generosity of donors, the URF retains a healthy balance that will support communities as lockdown lifts.

Our key supporters are:















Operating the Urgent Response Fund

Organisations and groups can apply for grants of up to £1000 to help effectively deliver projects and activities which support the basic health and wellbeing needs of vulnerable members of the community in response to the coronavirus pandemic. From March 2021 the criteria were extended to include support to vulnerable people and communities to re-engage with activities and services, and adapt to the gradual lifting of lockdown.

Applications are made online at www.lancastercvs.org.uk/funding/coronavirus/ where the full guidance can also be found. Support for applicants who have questions or need help in completing the online form is provided by Lancaster District CVS staff.

There is a deadline at the end of each month, and the Panel meets approximately a week later to discuss the applications and agree on which should be funded and to what level. The panel is made up of one representative each from Lancaster District CVS and Morecambe Bay Health Trust (MBHT), alongside one officer and two elected members from Lancaster City Council. Successful applicants are notified, and the funds transferred to them within two weeks of the monthly deadline. Unsuccessful applicants receive feedback and support from Lancaster District CVS to find other potential sources of funding or to reapply.

Evaluation forms are sent out with the offer letter, with a request that they are completed when the project is concluded, or 6 months after the grant is awarded, whichever is sooner.

The aim is always to find ways to support groups and organisations who are working hard at the grassroots level to help local people.

More information and application guidance is available online at: www.lancastercvs.org.uk/funding/coronavirus/

URF impact snapshot (March 2020 to February 2021)

£42,261

Funds allocated

45

Grants approved

£939

Average grant value

£232,997

Total cost of projects (including URF contribution)



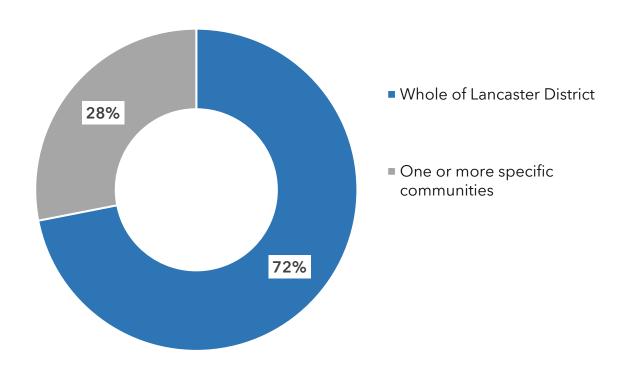


Some URF projects focused on specific communities, while others covered the entire Lancaster District

The majority of Urgent Response Fund recipients implemented projects that covered the entire Lancaster District, while others used local knowledge and reach to focus on specific communities or neighbourhoods.

In many cases, the ability of voluntary organisations and groups to execute projects that reach across the district is heavily reliant on available internal resources such as manpower, vehicles to mobilize activities, and office spaces.

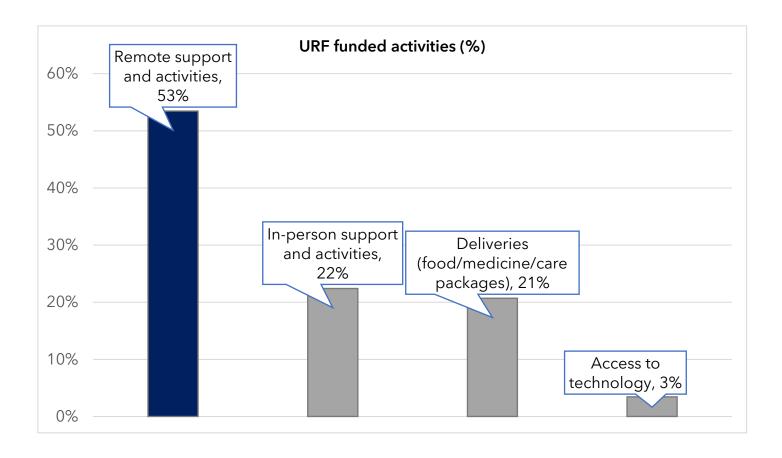
Geographic reach of URF projects by % of applicants



The majority of grants enabled remote support activities

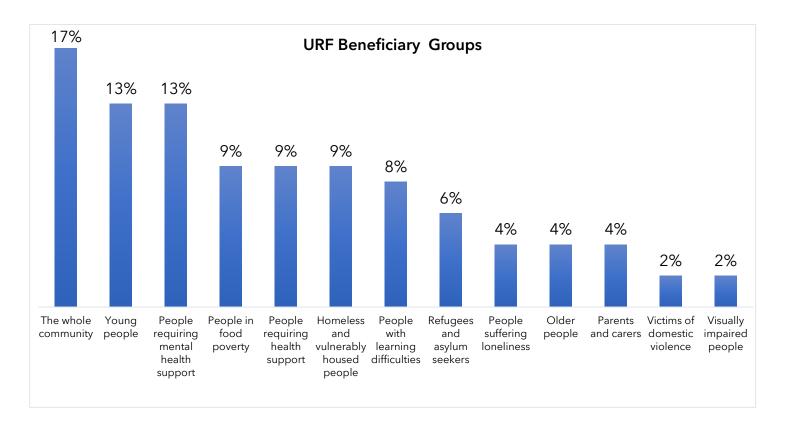
Funded projects provided communities with remote assistance such as one-to-one support, remote classes, and other learning activities, with a particular focus on mental health, individuals with learning difficulties, and people with specific physical needs.

Grants also supported organisations making deliveries of food, medicine and other types of care packages, as well as groups seeking COVID-secure ways to create in-person support opportunities.



URF reached communities with various needs

Beneficiaries of the Urgent Response Fund were able to use their expertise and local knowledge to access communities, identify groups with particular needs, and provide appropriate support.



Project case studies

Mental Health Connect project by Making Space



Making Space is a charity that supports adults with health or social care needs, including those with complex mental health needs, learning disabilities, living with dementia, as well as older people and carers in the Lancaster district.

The Mental Health Connect project by Making Space delivered online one-to-one sessions and wellbeing zoom group sessions for people with mental health problems who have not been able to access face-to-face support and group sessions during the pandemic. Funding from the URF was used to appoint a health coach for one-to-one support sessions for 50 people. These sessions improved the general well-being of attendees, increased their ability to self-care, and taught self-management techniques.

One of the beneficiaries learned new skills and tools from the online sessions:

"For the first time in years, I accessed the one-to-one sessions and finally opened up.... Simple goal setting and action plans has helped and makes you feel amazing after feeling like you've achieved nothing for so long, being able to return to the sessions and say you've completed your action plan is a great feeling..."

*Beneficiary of Mental Health Connect

As lockdown rules ease, there is a growing need for people to continually access digital mental health support combined with outdoor activities during the transitionary period. Making Spaces aims to maintain support services to help communities that require these support services.

^{*} For confidentiality reasons, the name of the beneficiary has not been provided.

Summer Splash for Young People

The Summer Splash partnership project provided children and young people living across the Lancaster District a programme of fun summer activities balanced with emotional and mental support for the whole family and the wider community.

After months of lockdown, the project provided children and young people (CYP) with opportunities to have a good time and re-connect with their friends and their communities. For many CYP and their families, their health and mental wellbeing had been affected and many had anxieties around returning to school in September.

The Summer Splash project offered many children & young people the opportunity to overcome their anxieties through conversation with youth workers and by engaging in a range of activities. From sports to cooking, arts and crafts, beach parties, dance, music and much more, the combination of activities and support helped young people with their welfare.

"We saw a massive change in the young people, and we feel that all young people came out positive and ready for their new term wherever that was going to be."

Yak Patel (Project Coordinator)

The summer program was resource-intensive and required volunteers who could work with children and young people. Due to COVID-19 and for accessibility, activities were moved to community settings closer to CYPs rather than travelling to sites. To enable safe practices and to meet the needs of the high number of young people per session, some sessions were split.

The summer splash helped families to cope with the demands of home-schooling and lockdown by providing free activities, 4 days per week for 4 weeks across disadvantaged neighbourhoods. In summary, approximately 78% of beneficiaries were from disadvantaged backgrounds and a total of 143 young people attended with their families.

The Urgent Response Fund - The Future

The URF has been a huge success story. Very quickly after the pandemic lockdown restrictions started in March 2020, funders and donors were marshalled to set up the fund; with criteria and an application process designed to be supportive and flexible for our local VCFSE sector as they moved mountains to offer support in incredibly difficult circumstances. We are enormously grateful to the funders and donors who have given so generously.

The partnership between Lancaster District CVS, Lancaster City Council and Morecambe Bay Health Trust has also been positive. Representatives from each meet at least monthly and sometimes more frequently to review and select applications. We have developed a shared perspective on the work of community activists, volunteers and paid staff across our district.

As you have read in this report, between March 2020 and February 2021, 45 grants have been awarded to support organisations and groups to undertake a range of activities and projects and we are proud of the part we have played in facilitating the enormous efforts made to support communities.

Now as restrictions continue to ease and we dare to hope of a return to something like normal, we are beginning to look ahead, thinking about what more we can do to support those organisations and groups.

Never has there been a more important time to invest in communities. By distributing grants and sharing advice, acting as a catalyst for positive change, we can help to deal with the immediate aftermath of the pandemic - to enable organisations to restore services and adapt their premises, to provide emergency interventions within communities, or to purchase items which go directly to beneficiaries.

We now look to developing a Recovery Fund that supports Lancaster's VCFSE groups and their service users in dealing with the consequences of the pandemic as they emerge from the experience of the last eighteen months. It is our intention to continue to provide funding which strengthens organisations and communities, building resilience which enables them to sustain themselves and respond to local needs.

We are interested to speak with funders and supporters about how they can support this fund. If interested, email yakpatel@lancastercvs.org.uk or telephone (01524) 555900.

Our fundraising continues via the Bay Foundation

We will continue to fundraise, support, and advocate for the voluntary, community, faith and social enterprise (VCFSE) sector and our communities, and work in partnership to provide assistance not only now, but in the long-term. The Bay Foundation is our financial support model for the Lancaster district's charities and community groups, working to build capacity, equip the community, connect organisations, assist people, and champion critical issues.

Find out more at www.lancastercvs.org.uk/bay-foundation

Projects funded March 2020 - February 2021

Applicant	Project Name	Allocations	Project info and beneficiaries
• •	•		Phone, email and video mental health support for
ACE	Ace 10-10 Lines	£1,000	young people
		,	Remote and COVID-secure in-person support and
Adullam Programme	Mental Health Support	£1,000	activities for people with poor mental health
, admini rogidililic		,	Providing soup and social interaction for people
Barton Road Centre	Two Soups on Tour	£500	living alone
zarran nada samus	1.0000000000000000000000000000000000000	2000	Coordinating contact with centre users and
			vulnerable people, and ensuring hard to reach
Barton Road Centre	COVID-19 Response	£1,000	people receive information about the pandemic
Darton Road Centre	Feeling Better Through	11,000	COVID-secure reflexology sessions for brain injury
Bay Buddies	Reflexology	£1,000	survivors
C.H.A.T.S Parent Support	C.H.A.T.S Parent Support	11,000	Peer support and training for mental health issues
		£1,000	
Group Cancer Care North	Group	11,000	for parents and carers
	Carana waitu Curana ant		
Lancashire and South	Community Support	64.000	Information helpline and delivery service for food
Cumbria	Helpline	£1,000	and medicine for people affected by cancer
	Christ Church Evening	6450	Provision of COVID-secure drop-in for homeless
Christ Church, Lancaster	Drop-In	£450	and vulnerably housed people
East Meets West			Medical support, transport, remote support for
	East Meets West	£1,000	female asylum seekers and refuges
			Facilitate conversation and companionship
Escape2Make	Penpal Project	£500	between the old and young
Friends of Morecambe			Support food club activities for families
Bay	Morecambe Bay Foodclub	£500	experiencing food poverty
Galloway's Society for the			
Blind	Spring in your Step	£975	Providing care packages for the visually impaired
	Computers for Asylum		
Global Link (Lancaster)	Seekers	£1,000	Providing laptops for refugees and asylum seekers
Gregson Community			Food delivery and provision of remote activities for
Association	Lend a Hand	£1,000	all
	Supporting Early Stages of		
Halton Community	Parenthood - Proof of		
Association	Concept	£1,000	Providing COVID-secure activities for new parents
Headway Lancaster &		£1,000	Supporting brain injury survivors in isolation and
Morecambe Bay	Virtual Buddies	£500	encouraging exercise
Home-Start Morecambe &	Home-Start Morecambe &	2000	Developing and extending support group to
Lancaster	Lancaster	£500	victims of domestic abuse
Lancaster & District	Lancaster & District	1300	Developing and delivering support plans for
Homeless Action Service	Homeless Action Service	£1,000	homeless and vulnerably housed people
Lancaster and Morecambe	Tiomeless Action Service	11,000	Maintaining capacity for financial advice and
District Churches Debt			
	COVID Surana ant	C1000	increasing capacity for foodbank referrals for
Centre	COVID Support	£1000	people in financial difficulty
	C Lilia D ili		Maintaining search and rescue capability and
Lancaster Area Search &	Capability Resilience	C1000	increasing capacity for food and medicine delivery
Rescue	Project	£1000	for all
Lancaster District			Remote and in-person play and learning activities
Community & Voluntary			for children, young people, and people with
Solutions	Summer Splash	£3,000	special educational needs
		£1,000	Befriending and support for homeless and
Let's Befriends	Let's Befriends	£1,000	vulnerably housed people

Applicant	Project Name	Allocations	Project info and beneficiaries
••	•		Remote support for people with poor mental
Making Space	Mental Health Connect	£1,000	health
			Producing pre-cooked meals for people
Marsh Community Centre	COVID-19	750	experiencing food poverty
			Delivering food and activity parcels for young
Marsh Community Centre	Marsh Community Centre	£300	people and adults experiencing food poverty
			Engaging young people, older people, and
Mana Manaia	Da a akina n Out	6750	people with learning disabilities with music
More Music	Reaching Out	£750	activities remotely Delivering shopping and medicine, organising
			virtual events, and contacting service users for
Neuro Drop-in Centre	Getting Through Together	£1,000	people affected by neurological illness
Parish of Heysham St Peter	Getting Through Together	11,000	Enabling use of technology, remote outreach to
with St James and St			the vulnerable, and providing facilities to
Andrew	Pastoral Care Team	£500	charitable groups
			Providing remote support from trained facilitators
People First Independent	Devices for Keeping		and peers to people with learning difficulties and
Advocacy	People Connected	£150	autism
			Providing one-to-one support and running classes
			and talks remotely for people with poor mental
Positive Futures	Outreach Social Hub	£1,328	health
			Providing remote support and making premises
			COVID-secure for people with poor mental health,
Positive Futures	Come Back Safely	£1,142	learning difficulties, and the socially isolated
D ::: E :		C4 000	Distributing physical activity packs for people with
Positive Futures	Keeping in Touch	£1,000	poor mental health
Refugee Advocacy, Information and Support	Digital Support for Asylum		
Lancaster	Digital Support for Asylum Seekers	£1,000	Providing talk/data top-ups
Lancaster	Jeekeis	11,000	Remote contact with service users and provision of
SAFE	SAFE	£1,000	individual and group activities
3, ti E	5, 11 <u>E</u>	11,000	Producing and delivering pre-cooked meals and
St. Thomas Church	The Ark Food Provision	£750	food parcels
Stanleys Community	Nutrition & Wellbeing		
Centre	Support	£1,000	Food delivery and wellbeing coaching
Stanleys Community			Adaptation of facilities and purchase of PPE to
Centre	Opening up Stanleys	£896	become COVID-secure
Steps to			
Mindfulness/Lancashire			Walking routes and mindfulness practices as
Mind	Steps to Mindfulness	£250	leaflets and downloads
	Tara Centre Befriending		
Tara Project	Support	£1,320	Remote and COVID-secure in-person support
The Cornerstone	The Cornerstone	£1,000	Adaptation of café/meeting area to become COVID-secure
The Olive Branch	Pastoral C19	£2,000	Increasing food parcel capacity
-	Food Deliveries & Mental	, -	Producing pre-cooked meals and providing
West End Impact	Health Support	£1,000	mental health support
·	Keeping Our Community		Providing one-to-one mental health support and
	Connected	£1,200	family events remotely



With thanks to

NHS Morecambe Bay Clinical Commissioning Group,
Francis C Scott Charitable Trust,
Eric Wright Charitable Trust,
NFU Mutual,
West End Morecambe,
Westminster Foundation,
Lancaster City Council,
and every organisation and individual who helped
our communities respond to the pandemic.

Lancaster District Community & Voluntary Solutions

The Cornerstone, Sulyard Street, Lancaster LA1 1PX 01524 555900 hello@lancastercvs.org.uk www.lancastercvs.org.uk

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