

**SETTING UP EQUIPMENT LIST FOR EAT WELL 4 LESS COURSE**

**COWBOY HOTPOT  
FOR 3 X STATIONS ( 6 PEOPLE)**

**PRE HEAT OVEN (gas 5 or 190 degrees)**

**1 X LARGE PAN WITH WATER ( from eam or kettle ) AND BOIL**

**6 X CHOPPING BOARDS**

**6 X CHOPPING KNIVES**

**3 X PEELERS**

**3 X CHEESE GRATERS**

**3 X MEDIUM PANS**

**3 X CAN OPENERS (UNLESS RING PULLS)**

**3 X WOODEN SPOONS**

**3 X GLASS OVEN DISHES**

**1 X SERVING SPOON /1 EACH TABLESPOON & TEASPOON**

**PLASTIC APRONS/HANDWASH/PAPER TOWELS**

**PLATES/CUTLERY/GLASSES/JUG/TABLE CLOTH/SERVIETES**

**CUPS/TEA/COFFEE/SUGAR/MILK**

**TEA TOWELS/WASHING LIQUID/CLOTH/SPONGE/**

**TAKE HOME TUBS**

**DEP' ON VENUE STOVES & GAS**